



**South Australian Branch**

### **Council Members**

**President**

Bridget Sawyer

**Vice President**

Richard Clarnette

**Hon Treasurer /Secretary**

Nigel Rowe (Public Officer)

**National Board Member**

David Spurrier

**Committee**

Kate Beerworth

Patrick Custance

Verity Cooper

### **2012 Staff Members**

**Executive Officer** (4 days per week)

Jan Stirling

**Medical Director** (1 session per week)

Elizabeth Clisby / Marc Cesana

**Manager of Industry Partnerships**

**& Education** (full time)

Daniel Clark

**Administration & IT Officer** (Part time)

Narelle van Leuven

**Safer Sport Program Coordinator**

(Part Time)

Doug Nairn

**Sports Injury Management**

**Coordinator** (Part Time)

Carol Goddard

**Finance Officer** (Part Time)

Patricia Sharpe

**Honorary Auditor**

Heather Kilsby, HMK Accounting Support

## **Presidents Report**

As I reflect on my last 12 months as president of SMA-SA, I am able to see that the strengths of our organisation will ensure that it will continue to flourish well into the future.

The dominant issue of 2012 has, of course, been the position SMA-SA has taken over the OneSMA proposal.

Changes to our state constitution were adopted at the special meeting in February 2012 in response to the National Board's OneSMA proposal.

There have been many letters to you all, from me as State President and from the National President, regarding the SMA-SA constitutional changes and their implications.

The National Board has criticised our decision. The Forum hosted by the National Board in June 2012 saw strong viewpoints from both National and SA members aired. Despite clear feedback from members regarding the direction that members of SMA-SA wish to follow, the National Board appears to be firm in its opinion that our actions are somehow in conflict with the National constitution thus preventing membership of National SMA as an automatic part of SMA-SA membership.

I remain hopeful that common ground can be reached. Negotiations continue. Our EO, Jan Stirling, and I are scheduled to have a meeting with the National President and EO during the National Conference in October 2012.

I take this opportunity to thank our Honorary Solicitor, Chris Wellington for all his time and advice over the last year.

Whilst Jan Stirling and I have been busy dealing with National issues the office has continued to run in its usual efficient manner.

Membership education remains at the core of our service. I hope that you have had opportunity to attend one of the varied education sessions available over 2012.

The 2013 State Conference "Preparing Your Team for the Season" on 2nd and 3rd February has been convened by our new Medical Director Marc Cesana.

I look forward to seeing you there.

Dr Bridget Sawyer

# Executive Officers Overview

World respected coach Pat Riley (LA Lakers) said: "Don't let other people tell you what you want!

Thanks to all members for your support of our President, Council and branch staff as we negotiate solutions to retaining a collaborative relationship with National under your direction for what you want. We will continue to seek your guidance as no doubt 2013 will remain a challenge.

I am thrilled that we have been successful in securing funding from the Office for Recreation and Sport for the next three years which will enable our committed staff to broaden our community education programs across the state.

National Pharmacies, who recently celebrated their Centenary year, have agreed to continue their support of us.

We feel privileged they consider our values, based around the care and service of our respective memberships, synergise with theirs so we will partner together for year 13. Amazing!

Recruitment of new staff has strengthened our capacity to also seek new initiatives and SMA-SA has been fortunate to appoint Doug Nairn as our Safer Sport Program Coordinator. Doug has a background in teaching and as a Personal Trainer.

Carol Goddard has also joined our team as the Coordinator of our Sports Injury Management Services but brings with her extended skills having been a long standing Sports Trainer with our organisation and in football, the world game, for several years.

Our staff are committed to represent SMA-SA and all of you with professionalism, passion and integrity. We are really excited about 2013 and beyond.

## Membership

Member Type	04-05	05-06	06-07	07-08	08-09	09-10	10-11	11-12
Full Members	225	212*	235	223	217	218	226	189
Associate	47	60*	39	82	17	8	7	6
Students					63	66	59	74
Sports Trainers	89	89*	105	114	103	90	80	102
Corporate/Club	2	3*	4	2	4	3	3	3
Total Members	363	364*	383	421	404	385	376	374

## Membership Initiatives

### University Education Series

In 2012, SMA-SA held 3 Education Sessions in conjunction with the Adelaide Crows aimed at University Students who had previously undertaken a Level 1 Sports Trainers course. This is an area of growth and allows SMA-SA to now offer specifically targeted Education Sessions for Students in Health & Medical Science degrees. In 2013 the aim will be to run 6 sessions targeting these students.

### Master Class Series

In 2012 / 2013 SMA-SA will launch a new series of Education Sessions aimed at our Professional Members. These Master Class Series will be discipline specific and was kicked off with a tri-series for Physiotherapists run by Patrick Custance and Michael Heynen. In 2013 there will also be Master Class Series for Podiatrists and Medical. These are run as additional sessions to the SMA-SA Members Education Series, which will maintain the multi-discipline focus.

### Extended Networking

SMA-SA members are providing education to the industry through organisations including GP Partners, where they have actively sort the expertise of SMA-SA professionals for Professional Development of their membership.

# Medical Director Report

During the 11/12 year, 4 educational opportunities were made available to members. This included the Sports Medicine in General Practice Course held over 2 weekends and the educational series run throughout the year.

Over the 2011/2012 year, 155 professionals attended education sessions. Topics and attendances are listed on below.

All SMA-SA education sessions attracted RACGP points, either category 1 or 2 points. The education committee has again produced a comprehensive education programme and SMASA continues to be appreciative of the time that this committee puts in to organize the education sessions on behalf of members.

Overall numbers attending education sessions have remained steady with feedback indicating workshops are in demand. SMA-SA also built partnership education opportunities with Flinders University, Dr Jones and Partners Medical Imaging, ASMI and the Australian Wound Management Association over this time period. Furthering this partnership development strategy, SMASA is developing a relationship with GP Partners for further educational opportunities in 2013.

Overall SA's professional member numbers have remained stable. SMA-SA continues to promote its education program to non members allowing them to attend education sessions for a fee with a number of non-members attending all sessions throughout the year. This has attracted a small number of professionals who have joined the organization as full members.

SMA-SA will increase its education programme in 2012/13 with the introduction of Master Class Series which will be discipline specific on top of the multi-discipline sessions that will continue to be run. The 2013 SMA-SA State Members Conference, "Preparing Your Team for the Season" will be held on the 2nd & 3rd February. The Keynote presenter is Dr Andrew Jowett, Sports and Exercise Medicine Physician, who has been the Medical Adviser for the Football Federation of Australia. In addition to the conference day there will be two workshops held on the Sunday with Professor Jill Cook and Anthony Hogan presenting these.

SMA-SA looks forward to receiving the continued support of our members through their attendance at the education sessions held throughout 2012/13.

The SMA-SA Council and Staff would like to thank Dr Elizabeth Clisby for her time, dedication and hard work that she has put into the role of Medical Director over the last three years. The professional members education program has continued to go from strength to strength. Dr Marc Cesana has taken over from Dr Clisby and we look forward to working closely with Dr Cesana to deliver an education program that continues to meet the needs of the SMA-SA members.

Session	Date	Attendees
Osteitis Pubis	9-Aug	64
Radiology	3-Nov	13
Sports Medicine in General Practice	30-Mar - 1-Apr	12
Subtle Cavus Foot	23-May	66

## Treasurer's report

### Overview of 2011 Results

Council have reviewed the Accounting & Audit Procedures during 2011-12 & agreed that the audit process has been implemented. The budget was achieved and financial stability has been maintained in 2011/2012.

### Operating Result

There was surplus for the year of \$526.00. This has been achieved after interest and dividends, which has been included in the income and expenditure Statement. Also included is the Share Revaluation has been reflected in the Income and Expenditure Statement, with a decrease in the Share Revaluation. SMA-SA Net Assets as at 30/6/2012 is \$1,055,501 compared with 2010-11 of \$1,054,975.

### Longer Term Financial Goal

Our vision for the future is to maintain financial stability and use the income from our Investments Portfolio to service our Membership.

The Hon. Treasurer Nigel Rowe

## Our Supporters



Wallmans Lawyers

Bureau of Meteorology

## Honour Board

YEAR	PRESIDENT
1961 – 1964	Dr. Garton M. Hone
1965 – 1969	Dr. Owen Bowering
1970 – 1972	Dr. Donald Beard
1973 – 1975	Mr. M.G. Maguire
1976 – 1977	Dr. R. C. Heddle
1978 – 1980	Mr. Max Sopp
1981 – 1982	Dr. Denise Chapman
1983 – 1984	Dr. Brian Sando
1985 – 1986	Mr. Michael Mason
1987 – 1988	Dr. Peter Barnes
1989 – 1990	Mr. Max Pfitzner
1991 – 1992	Dr. Roger Paterson
1993 – 1994	Mr. Simon Bartold
1995 – 1996	Dr. Malcolm Kerr Grant
1997 – 1999	Ms. Lynne Haysman
2000 – 2002	Ms. Libby Austin
2002 – 2002	Dr. Phil Hamdorf
2002 – 2003	Mr. Duncan Haskard
2004 – 2006	Dr. Andrew Potter
2007 – 2008	Dr. Elizabeth Clisby
2009 – 2010	Mr. David Spurrier
2011 - 2012	Dr. Bridget Sawyer

National Life Member

Dr. Brian Sando

Recognition of Hon. Secretary's

Mr. Bert Apps. 1961 to 1975 (leave of absence 1970-71 Mr. Robin Haskard was Hon. Sec.)

Dr. Henry Kneebone 1976 – 1991

## Community Education and Services

The Level 1 Sports Trainers courses continued to grow in 2011 / 2012 with 17 courses run across the state including 9 outside of the metropolitan region attracting a total of 298 attendees. This represented a 19% increase from the previous year with 71 students attending the one day Level 1 Course for University Students of Health & Medical Science degrees in comparison to 43 for last year.

SMA-SA has continued to offer a train the trainer process identifying suitable people who can run courses in regional SA with support of our professional members. This increased the reach of the organisation across metropolitan and regional SA.

2011 / 2012 saw the Level 2 course delivered in its entirety regionally for the first time, in Mount Gambier and Port Lincoln. The increasing accessibility of the Level 2 course can be attributed to the increase in numbers completing the whole course as well the individual modules. 71 trainers completed the Level 2 accreditation in 2011/2012 which is a 97% increase from the previous year plus 128 participants attended the individual modules without gaining the Level 2 Accreditation.

In November 2011, SMA-SA held the inaugural FAST (Fitness and Sports Trainers) Conference with over 130 delegates in attendance. This saw SMA-SA add to its annual Sports Trainers Conference a stream for Fitness Professionals, value adding to the Conference with new topics, new trade displays and opening it up to a new market as well.

During the year SMA-SA's Core Group of experienced Sport's Trainers have been working at events as well as providing mentoring to new trainers beginning to work in the sporting environment. The Tour Down Under remains a Major event on our SIMS calendar. SMA-SA were contracted to provide the Sports Medicine Coverage, which included 43 Sports Trainers, the Medical Director and the Sports Medicine Coordinator; for the 13th Australian Masters Games held in Adelaide in October 2011. In 2011 / 12 SMA-SA covered 82 individual events including the National Junior Volleyball Championships and the 2012 Track Cycling Nationals and this represented 1473 hours.

Sideline Help Courses are continuing to be run for clubs, associations and schools with 15 courses being held in 2011/12. This is an area that SMA-SA views as a potential area of growth in the coming 12 months.

### Future Developments

Over the past 12 months SMA-SA has had a real focus on regional areas for our Community Education program. This saw an increase in the number of courses run outside of the metropolitan region and this will continue into the future.

SMA-SA has been involved in the development of the new Emergency Response Coordinators course, which will form the minimum competency requirement at all Community AFL games and trainings starting in 2013. This course is aimed at junior level football and SMA-SA will target regional clubs and Indigenous Communities with this course.

There continues to be an increase in exposure to Local Councils and State Sporting Organisations (SSO's) at forums run by the Local Government Recreation Forum and the Office for Recreation and Sport with processes for follow up and capacity building, which will include opportunities for our members in their own communities.