



2012 / 2013 Overview



Council Members

President
Nigel Rowe

Vice President
Richard Clarnette

Hon Treasurer /Secretary
Patrick Custance

Committee
Kate Beerworth
Verity Cooper
Bridget Sawyer
David Spurrier

2013 Staff Members

Executive Officer (4 days per week)
Jan Stirling

Medical Director (1 session per week)
Marc Cesana

Manager of Industry Partnerships
& Education (full time)
Daniel Clark

Administration & IT Officer (Part time)
Narelle van Leuven

Safer Sport Program Coordinator
(Part Time)
Doug Nairn

Sports Injury Management
Coordinator (Part Time)
Carol Goddard

Finance Officer (Part Time)
Patricia Sharpe

Honorary Auditor
Heather Kilsby, HMK Accounting Support

Presidents Report

The 2012-2013 financial year for the South Australian branch of SMA (SMA-SA) could be concisely described as a year of "business as usual" and a year of consolidation. Although our Council members remain the same there have been some changes in the roles undertaken. Dr Bridget Sawyer has stepped down from the presidency after 2 very busy years where her strong leadership was especially valued in the process of SMA-SA remaining independent of the National "One SMA" model. I would like to formally thank her for her leadership through this very important process.

The decision for SMA-SA to maintain it's independence was based mostly on the desire for autonomy and financial independence. I feel that the membership within SA has clearly confirmed their endorsement of this major decision with membership increasing by 7% compared to the previous year. Nonetheless it is important to emphasize that we are still working closely with the National body on many fronts and have adopted an open door approach in regards to potential future arrangements with them.

Our hard working team at SMA-SA led by Jan Stirling and ably supported by Daniel Clark have again had a mammoth year. They are continually working to improve the direct benefits to members and to further raise our profile within the community. Community awareness is vital in gaining future sponsorship and potential new business opportunities. The team also addresses the challenging task of gaining government grants. At the time of writing we are in the second year of a three year funding period where by KPI's must be met to continue to secure the agreed funding of \$95,000 per year. I can report that over the last year we have achieved further advances in this area.

Professional development and education, which is a cornerstone of our organisation, has also had a very successful year. Under the direction of Dr Marc Cesana, attendances at both our evening sessions and at the state conference have been very pleasing. I feel that the success of these events reflects the very high standard of both the speakers and the content being presented. New initiatives such as the Master Class series aimed at younger (or newer) members has been very successful and are an important part of our future direction. Marc is currently finalizing the full education program for the 2014 year including the upcoming state conference in February titled "Dealing with Difficult Injuries". Details of this should be soon up on our website. I hope to see you there as I am sure it will be a very stimulating conference

I would also like to acknowledge our Honorary Solicitor, Chris Wellington, who again has generously given his time especially in dealing with the complexities of the constitutional issues that we have addressed. Additionally I would like to acknowledge our Honorary Auditor, Heather Kilsby, for her time and effort to ensure the SMA SA financials are properly maintained.

Best wishes for a successful and happy 2014

Nigel Rowe

Executive Officers Overview

What a difference a year makes! I thank all of our loyal and supportive members as we simply continue on but always striving for improvement in our efforts to serve you!

Our compliance to meet KPI's as set by the Office of Recreation and Sport for the period ending 30th June 2013 has been achieved, meaning we have moved into the second year of a three year cycle but further due diligence will need to continue. Sadly National Pharmacies will cease their sponsorship with us, simply a change in direction for their organisation under a new CEO has resulted in our amazing 21 consecutive year partnership coming to a close. Other changes that have occurred in the office has been a restructure from two part time roles whereby Doug Nairn and Carol Goddard shared the Safer Sport Program delivery but with neither able to commit full time we appointed Stephanie Potter in a full time capacity.

We continue to share and work with National on many fronts and this will continue.

SMA-SA has been thrilled with the collaboration of a number of industry partners given we have high regard for all organisations with whom we work for the mutual enhancement of education and training across all disciplines. We remain extremely grateful to the organisations who not only share their professional expertise, but they also support us with sponsorship and or partnering with us in a range of education activities. A special thank you to Dr Jones and Partners for supporting the 2013 and 2014 State Conferences, Benson's Radiology for their support of the SMA-SA multidisciplinary education sessions, and to Electrical Table Solutions for their support of the University Education Series.

All partnerships focus on servicing our existing members, the encouragement of new members and importantly delivering quality education utilising the expertise and exceptional skills of our members who are keen and willing to assist with higher level and practical education across the disciplines.

General Practitioner Examination training, Physiotherapy and Podiatry Master Class sessions, and our well received University Student Series have all been provided during the year. Importantly having them evaluated and measured for specific outcomes enables strategic future planning, in order to make sure we meet the needs and expectation of our members.

SMA-SA's community work remains a high priority and with our new recruit Stephanie on board we anticipate continued growth in this area during 2014 and beyond.

I am grateful to Council, Dr Marc Cesana our Medical Director and our Education Committee but most significantly the staff Daniel, Carol and Doug who have been a wonderful support to me.

Membership

Member Type	05-06	06-07	07-08	08-09	09-10	10-11	11-12	12-13
Full Members	212*	235	223	217	218	226	189	203
Associate	60*	39	82	17	8	7	6	3
Students				63	66	59	74	100
Sports Trainers	89*	105	114	103	90	80	102	60
Corporate/Club	3*	4	2	4	3	3	3	2
Total Members	364*	383	421	404	385	376	374	368

Medical Director Report

2013 was a challenging year being my first as Medical Director. The conference, education sessions and Master Classes have covered a wide variety of topics within all the sports medicine disciplines. What has pleased me most is the high quality of speakers we have utilised from South Australia. I have placed a great emphasis on the quality of presenter and I believe this has been proven with the presentations that have occurred. As always with SMA presentations it is difficult to cater for all the sports medicine disciplines. Hopefully we have achieved the right balance.

In 2014 the aim is to continue to provide excellent quality local speakers. The preparations for the State Conference for 22 February 2014 are well advanced with all speakers in place. I am very pleased that Dr Michael Makdissi, whom is one of the world's leading sports physicians in the field of concussion, has agreed to be our keynote speaker. Michael has driven the AFL concussion guidelines and has an incredible experience both nationally and internationally. He will be very well received here in Adelaide. In addition we have compiled a list of excellent local speakers who bring an incredible degree of skill and experience to the Conference.

When I first agreed to the role I had a very clear vision of creating a lean and focussed education committee. The committee which has consisted of Sean Murphy, Chris Hampel and Damien Raidis has been an unbelievable support to me. Their experience, advice and hard work has made the role of Medical Director much easier.

The plan with the committee was always to expand in my second year with some newer faces from the sports medicine world in the hope that these people will become leading lights for SMA in the future. I am pleased to announce that Dr Angela Moran, a Sports Doctor from SPORTSMED*SA, has agreed to come onto the committee. We will have announcements of younger Sports Physiotherapists and Podiatrists to make over the next few weeks.

Finally I must thank Jan and Daniel who are the rocks that this organisation is built on. Without them I could not function as the Medical Director.

Thanks and have a great Christmas.

Marc Cesana

2012/13 Members Education Sessions	Date	Attendees
Master Class: Recalcitrant Ankle	18-Jul	24
Master Class: Knee Ligamentous	15-Aug	26
Master Class: Hip & Groin Pain in Active Sports People	12-Sep	27
Assessment & Management of the Cavus Foot	18-Sep	55
MRI for Sports Physicians and Sports Doctors	Nov 12 - Apr 13	10
State Conference	2 & 3-Feb	92
Head, Eye & Facial Injuries	27-Mar	26
Lumbar Spine	13-May	84

Treasurer's report

Overview of 2012-13 Results

Council have reviewed the Accounting and Audit Procedures during 2012-13 and agreed that the audit process has been implemented. The budget was achieved and financial stability has been maintained in 2012/2013.

The outstanding support received by the SA Government (Office for Recreation and Sport) and corporate partners National Pharmacies who commenced sponsorship of SMA-SA in 1992 as well as new sponsors Dr Jones and Partners, Benson Radiology and Electrical Table Solutions all of whom make a significant and positive difference to the quality and reach of membership services and community support.

Operating Result

There was a surplus for the year of \$28,621. This has been achieved inclusive of interest dividends of \$66,443 compared with \$87,942 in 2011-2012 which has been reported in the expenditure statement.

The Share Re-Evaluation with an income increase of \$34,814 has been reflected in the Income and Expenditure Statement. However from next financial year the Share Re-Evaluation will be shown in the Balance Sheet as an increase or decrease in Assets and not used in the calculation of Profit and Loss.

SMA-SA net Assets as at 30/06/2013 are \$1,084,122 compared with \$1,055,501.

Longer Term Financial Goal

Our vision for the future is to maintain financial stability and use the income from our Investments Portfolio to service our Membership. The income derived from our Government Grants, through the Office of Recreation and Sport, will continue to be used to support our community Safer Sport Program.

Council are reviewing the investments Portfoli seeking the advice of an independent financial advisor. National Pharmacies have advised SMA-SA that after 21 years of support their change in direction will see our sponsorship arrangement end in 2013.

The Hon. Treasurer Patrick Custance

Our Supporters



be active

NATIONAL
PHARMACIES



Wallmans Lawyers

Bureau of Meteorology

Honour Board

YEAR	PRESIDENT
1961 – 1964	Dr. Garton M. Hone
1965 – 1969	Dr. Owen Bowering
1970 – 1972	Dr. Donald Beard
1973 – 1975	Mr. M.G. Maguire
1976 – 1977	Dr. R. C. Heddle
1978 – 1980	Mr. Max Sopp
1981 – 1982	Dr. Denise Chapman
1983 – 1984	Dr. Brian Sando
1985 – 1986	Mr. Michael Mason
1987 – 1988	Dr. Peter Barnes
1989 – 1990	Mr. Max Pfitzner
1991 – 1992	Dr. Roger Paterson
1993 – 1994	Mr. Simon Bartold
1995 – 1996	Dr. Malcolm Kerr Grant
1997 – 1999	Ms. Lynne Haysman
2000 – 2002	Ms. Libby Austin
2002 – 2002	Dr. Phil Hamdorf
2002 – 2003	Mr. Duncan Haskard
2004 – 2006	Dr. Andrew Potter
2007 – 2008	Dr. Elizabeth Clisby
2009 – 2010	Mr. David Spurrier
2011 - 2012	Dr. Bridget Sawyer
2013 -	Mr. Nigel Rowe

National Life Member

Dr. Brian Sando

Recognition of Hon. Secretary's

Mr. Bert Apps. 1961 to 1975 (leave of absence 1970-71 Mr. Robin Haskard was Hon. Sec.)

Dr. Henry Kneebone 1976 – 1991

Membership Initiatives

University Education Series

In 2012/2013, SMA-SA held 2 Education Sessions targeting the SMA-SA Student Members and other University Students who had previously undertaken a Sports Trainers course. 46 University Students attended these sessions, which are aimed at increasing the growth of SMA-SA's membership and providing a platform to link these students with further SMA-SA Professional Members Education Sessions.

Extended Networking

SMA-SA members are providing education to the industry through organisations including GP Partners, Benson Radiology, Dr Jones and Partners, Medicare Locals and Fowler & Simmonds, where they have actively sort the expertise of SMA-SA professionals for Professional Development of their membership.

Community Education and Services

In 2012 / 2013 the Sports Trainers courses continued to grow with 17 Level 1 courses run across the state a total of 310 attendees. This represented a 4% increase from the previous year with 53 students attending the one day Level 1 Course for University Students of Health & Medical Science degrees.

The Level 2 course was delivered both in the regional and metropolitan areas. 48 trainers completed the Level 2 accreditation in 2012 / 2013 plus 231 participants attended the individual modules without gaining the Level 2 Accreditation. The increased accessibility of the Level 2 Course and ongoing Sports Trainers' Education can be attributed to the greater numbers undertaking the courses.

SMA-SA has continued to offer a train the trainer process identifying suitable people who can run courses in regional SA with support of our professional members. This increased the reach of the organisation across SA.

In November 2012, SMA-SA held the FAST (Fitness and Sports Trainers) Conference with 114 delegates in attendance. The continued value adding to the Conference with new topics, new trade displays and opening it up to a new market as well has been appreciated by those in attendance.

Over the last 12 months SMA-SA has had a focus on shorter sports medicine awareness courses including the Sideline Help and Emergency Response Coordinators Courses with 35 Courses across the state.

During the year SMA-SA has provided 1520 hours of sports trainers coverage at 77 individual sporting events including the 2013 Tour Down Under and 2013 National Age & Multiclass Swimming Championships.

SMA-SA was contracted to provide the Sports Medicine Coverage, which included 41 Sports Trainers, the Medical Director and the Sports Medicine Coordinator, for the 2012 Australian University Games held in Adelaide in September 2012. We would like to thank Dr Verity Cooper, Medical Director for the Games, and all of the sports trainers for the fantastic service they provided the Games.

Future Developments

Online training and education is becoming more prevalent and SMA-SA is in the process of developing an online component of the Level 1 Sports Trainers program. This will help SMA-SA to move forward into the future and continue to meet the needs of the market, whilst maintaining a high quality program.

There continues to be an increase in exposure to Local Councils and State Sporting Organisations (SSO's) at forums run by the Local Government Recreation Forum and the Office for Recreation and Sport with processes for follow up and capacity building, which will include opportunities for our members in their own communities.