



Please ask all participants to choose one lecture and two workshops sessions that want to attend.

Below is the list of lectures and workshops that are available at the conference-

**Lectures:**

1. Asthma SA First Aid
2. Managing Emergencies in Sport
3. Drugs & Alcohol Use in Community Sport

**Workshops:**

- A. Taping the...Foot and Ankle
- B. Taping the...Shoulder
- C. Taping the...Knee
- D. Strengthening the Community Athlete
- E. Rehabbing the Working "Weekend Warrior"

